

Head Teacher: Mrs. A. Young Email: ckcaptaincook@mcschools.org.uk Tel: 01642 315254 Web: www.captaincookprimary.co.uk

Captain Cook Primary School , Stokesley Road, Marton, Middlesbrough. TS7 8DU

21<sup>st</sup> November 2023

Dear Parent/Carer

## **Teesside Mind Mental Elf Festive Fun Run Activity**

With Christmas fast approaching we'd like to invite your child/ren to join in our festive Mental Elf Festive Fun Run, on Friday 1 December during the school day.

This year we're again supporting local mental health charity, Teesside Mind, and the fundraising team will be hosting the event at school on our behalf. They'll be creating some festive, magical memories for your children to celebrate good mental health.

Our children will be able to help Buddy, the Mental Elf, round up Santa's reindeer, as they run around the Christmas wonderland course.

Every child (with a minimum sponsor amount of £2) will receive:

- a pair of reindeer antlers
- a certificate for taking part
- wellbeing tips to take care of themselves and others over Christmas

Teesside Mind have secured match-funding via the Big Give platform for their Christmas Challenge Campaign to help improve people's mental health. The money we raise from this festive event for the children will go towards this campaign, meaning every £ in sponsorship will be doubled, so twice the impact from your donation to help Teesside Mind improve the mental health of many more people and families from our local communities.

As a school we'll also receive a wellbeing assembly, plus some classroom resources, from the team at Teesside Mind, so we can learn about the ways in which its teams support local people and how we can take care of our own mental health and wellbeing.

Your child will bring home a paper sponsor form to complete today. Once all their sponsorships have been collected then please total up your child's sponsorship and return the form to school with all money raised before Friday 1<sup>st</sup> December. Unfortunately we will not be able to take payments on the School Gateway this time.

Thank you so much for your support.

Yours sincerely

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Mrs A Young Head Teacher

Lingfield Education Trust c/o Corporation Road Community Primary School Corporation Road Darlington DL3 6AR

