

PSHE

At Captain Cook Primary School, the PSHE curriculum brings together citizenship, personal well-being, and British Values, as we aim to provide a cohesive whole-school approach to personal, social, health and economic well-being (PSHE).

The PSHE and Citizenship programme of study aims to equip our children with essential skills for life. It aims to develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. Through these lessons, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. We aim to provide a PSHE curriculum that will prepare the children for life in society now and in the future. Lessons focus on the foundations in seeing each and everybody's value in society, from appreciation of others in units such as British Values, to promoting strong and positive views of self. We aim to cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident citizens. The themes and topics in our PSHE curriculum support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing the knowledge of when and how children can ask for help.

Our PSHE and Citizenship curriculum is fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study, which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. Our scheme of work covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

Behaviour and attitudes to learning are underpinned by values that are taught through PSHE lessons, making it integral to the success of the whole school. PSHE is at the heart of our school ethos, which is reflected within our school rules and values. We believe that PSHE plays a vital part of primary education and as well as discrete focused lessons, it is embedded throughout the education we provide as a school.