



Captain Cook Primary School – Menu

Week 1 – w/c 10 th May 2021 - 7 th June 2021 – 5 th July				
Day	Main Course	Potatoes and Vegetables	Cold Option	Desserts
Monday	Mince & Yorkshire Pudding Corned Beef Pie Omelette Jacket Potato Tuna / Cheese	Broccoli Carrots Sweetcorn Creamed Potato's Parsley Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Ice-cream with Fudge Sauce Lemon Sponge Cake
Tuesday	Turkey Cobbler Toad in the Hole Pizza Jacket Potato Tuna / Cheese	Peas Spaghetti Hoops Potato Wedges Baby Potato's in Skins		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Apple Crumble Cheesecake
Wednesday	Roast Chicken Shepherd's Pie Fish Fingers Jacket Potato Tuna / Cheese	Sprouts Cauliflower Carrots Duchess Potato's Sauté Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Rice Pudding Iced Buns Cornflake Tart
Thursday	Mince & Dumplings Chicken Parmesan Macaroni Cheese Jacket Potato Tuna / Cheese	Carrots Sweetcorn Cabbage Creamed Potato's Boiled Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Chocolate Sponge Cake Date Slice Jelly
Friday	Fish Chicken Curry & Rice Cheese Wraps Jacket Potato Tuna / Cheese	Mushy Peas Beans Broccoli Chips Baby Potato's in Skins		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Jam Roly Poly Banoffee Pie Artic Roll

Week commencing 17th May 2020 – 14th June 2021 – 12th July

Day	Main Course	Potatoes and Vegetables	Cold Option	Desserts
Monday	Lasagne Garlic Bread Hot Dog Bun Cheese Plait Jacket Potato Tuna / Cheese	Carrots Broccoli Cauliflower Creamed Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Chocolate Chip Sponge Cake Iced Buns
Tuesday	Turkey Curry & Rice Chicken Fillets Pasta Bake Jacket Potato Tuna / Cheese	Cabbage Peas Sweetcorn Parsley Potato's Creamed Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Treacle Roly Poly Chocolate Krispy Cake
Wednesday	Roast Pork Ham Carbonara Pizza Jacket Potato Tuna / Cheese	Carrots Sprouts Green Beans Sauté Potato's Baby Potato's in Skins		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Peach Crumble Raspberry Pie
Thursday	Spaghetti Bolognese Corned Beef Hash Fish Fingers Jacket Potato Tuna / Cheese	Spaghetti Hoops Broccoli Boiled Potato's Potato Wedges		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Rich Pudding Trifle Ice Cream
Friday	Battered Fish Sausage & Bean Pie Cheese Wraps Jacket Potato Tuna / Cheese	Mushy Peas Beans Cabbage Chips Creamed Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Marble Sponge Cake Angel Whirl

Week commencing 24th May 2020 – 21st June 2021

Day	Main Course	Potatoes and Vegetables	Cold Option	Desserts
Monday	Mince Pie Sausages Cheese Wraps Jacket Potato Tuna / Cheese	Carrots Peas Spaghetti Hoops Parsley Potato's Potato Wedges		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Jam Roly poly Cheesecake
Tuesday	Turkey Cobbler Chicken Baguette Macaroni Cheese Jacket Potato Tuna / Cheese	Broccoli Sweetcorn Cauliflower Creamed Potato's Baby Potato's in Skins		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Chocolate Sponge Cake Ice Cream
Wednesday	Roast Chicken Fish Fingers Pasta Bake Jacket Potato Tuna / Cheese	Sprouts Cabbage Carrots Sauté Potato's Duchess Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Macaroon Tart Jelly
Thursday	Chicken Curry & Rice Mice & Yorkshire Pudding Omelette Jacket Potato Tuna / Cheese	Green Beans Sweetcorn Broccoli Creamed Potato's Baby Potato's in Skins		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Apple Crumble Iced Sponge Cake
Friday	Battered Fish Chicken Fillets Pizza Jacket Potato Tuna / Cheese	Mushy Peas Beans Chips Parsley Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Rice Pudding Meringue Nest Flapjack

Week commencing 31st May 2021 – 28th June 2021

Day	Main Course	Potatoes and Vegetables	Cold Option	Desserts
Monday	Mince & Dumplings Chicken Parmesan Macaroni Cheese Jacket Potato Tuna / Cheese	Cauliflower Broccoli Peas Creamed Potato's Boiled Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Rice Pudding Iced Sponge Cake
Tuesday	Chicken Curry & Rice Sausages Fish Fingers Jacket Potato Tuna / Cheese	Spaghetti Hoops Carrots Sweetcorn Potato Wedges Baby Potato's in Skins		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Chocolate Sponge Cake Jelly
Wednesday	Roast Pork Corned Beef Pie Pizza Jacket Potato Tuna / Cheese	Sprouts Cabbage Carrots Sauté Potato's Parsley Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Treacle Roly Poly Ice Cream & Fudge Sauce
Thursday	Turkey Cobbler Chicken Fillets Cheese Plait Jacket Potato Tuna / Cheese	Broccoli Carrots Green Beans Baby Potato's in Skins Creamed Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Peach Crumble Banoffee Pie Angel Whirl
Friday	Spaghetti Bolognaise Fish Goujons Cheese Wraps Jacket Potato Tuna / Cheese	Mushy Peas Beans Sweetcorn Chips Duchess Potato's		Fresh Fruit . Yoghurt and Biscuit Cheese and Crackers . Milk Orange Chocolate Chip Sponge Cake Trifle