Subject Overview: PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception Inc. Continuous provision + Forest School sessions	Spatial Awareness Travelling and locomotion	Brilliant Ball Skills Body shapes and responding to music	Gymnastics Travelling and apparatus	Gymnastics Dance	Games Send and Receive	Athletics Higher, faster, further
Year 1	Multi-Skills Boot Camp	Brilliant Ball Skills Cool Core	Dance Skip to the Beat	Throwing & Catching Mighty Movers **(Running)**	Gymnastics Throwing & Catching	Gymnastics Active Athletics / Orienteering
Year 2	Gymnastics Multi skills	Gymnastics Mighty Movers **(Running)**	Dance Skip to the Beat	Brilliant Ball Skills Groovy Gym	Throwing & Catching Cool Core	Active Athletics Orienteering
Year 3	Gymnastics Multi-skills	Gymnastics Yoga	Dance Invaders **(netball)**	Brillant Ball Skills Boot Camp	Throwing & Catching **(cricket)** Cool Core	Active Athletics Orienteering
Year 4	Gymnastics Invaders **(football)**	Gymnastics Nimble Nets **(Badminton)**	Dynamic Dance Yoga	Swimming Nimble Nets **(Tennis)** Cool Core	Striking & Fielding **(cricket)** Fitness Frenzy	Young Olympians Orienteering
Year 5	Invaders **(netball)** Yoga	Dynamic Dance Boot Camp	Nimble Nets **(tennis)** Mighty Movers - Boxercise	Striking & Fielding **(cricket)** Cool Core	Gymnastics Fitness Frenzy	Gymnastics Young Olympians / Orienteering
Year 6	Invaders **(Rugby)** Boot Camp	Dynamic Dance Invaders **(Hockey / netball)**	Nimble Nets **(badminton)** Mighty Movers - Boxercise	Striking & Fielding **(cricket / rounders)** Yoga	Gymnastics Orienteering	Gymnastics Young Olympians